

**In the Claims**

Claim 1. (First amended) Apparatus comprising: a rest member having a support surface; and a stand for said rest member; said rest member having a plurality of elongated apertures of different lengths therein to permit the adjustment in height thereof with respect to said stand; and said stand having means thereon for inhibiting any tendency for the stand to become separated from said rest member during usage thereof.

Claim 2. (First amended) Apparatus as defined in claim 21 wherein the inhibiting means is compressible to permit said stand to be inserted thru said rest member and expandable thereafter to inhibit separation of said rest member from said stand.

Claim 3. (Retained) Apparatus as defined in claim 2 wherein said inhibiting means comprises at least one object .

Claim 4. (Retained) Apparatus as defined in claim 3 wherein said stand has a tubular portion and said object is attached to said tubular portion.

Claim 5. (Retained) Apparatus as defined in claim 3 wherein said object projects from said stand.

Claim 6. (First amended) Apparatus as defined in claim 1 wherein the inhibiting member is movable inwardly and outwardly.

Claim 7. (Cancelled)

Claim 8. (First amended) Apparatus as defined in claim 21 wherein the inhibiting means comprises a plurality of elastomeric objects.

Claim 9. (Cancelled)

Claim 10. (First amended) Apparatus as defined in claim 21 wherein said said stand has an apex and the inhibiting means is positioned at said apex.

Claim 11. (Cancelled)

Claim 12. (First amended) The method as defined in claim 22 ~~44~~ further including the step of positioning means for inhibiting the accidental separation of said stand from said rest member after said stand has engaged said constructs.

Claim 13 (Retained) The method as defined in claim 12 wherein said constructs are apertures further including the step of inserting the inhibiting means into said apertures.

Claim 14. (Retained) The method as defined in claim 13 wherein said stand has at least one apex further including the step of positioning said inhibiting means at said apex.

Claim 15 (Retained) The method as defined in claim 12 wherein the inhibiting means comprises an elastomeric object further including the step of engaging at least one of said constructs by said elastomeric object.

Claim 16 (Retained) The method as defined in claim 15 wherein said elastomeric object is a rubber ring further including the step of engaging at least one of said constructs by said rubber ring.

Claim 17 (Retained) he method as defined in claim 16 wherein at least one of said constructs is an aperture smaller than the maximum dimension of said rubber ring when positioned on said stand and further including compressing said rubber ring to allow insertion into said aperture.

Claim 18. (Retained) The method as defined in claim 17 further including the step of pushing said rubber ring thru said aperture.

Claim 19 (Retained) The method as defined in claim 18 further including the step of variably positioning said rubber ring on said stand.

Claim 19 (Cancelled)

Claim 21. (Newly added-Replacing cancelled claims) Apparatus comprising:  
a rest member having a support surface; and  
a stand for said rest member;  
said rest member having apertures therein to permit the adjustment in height thereof with respect to said stand; and  
said stand having means thereon for inhibiting any tendency for the stand to become separated from said rest member during usage thereof  
wherein the inhibiting means comprises an elastomeric object taking the form of a rubber rings.

Claim 22. (Newly added-Replacing cancelled claims) The method of supporting an object comprising the steps of:

- (a) providing a rest member having a support surface;
- (b) forming a plurality of differently dimensioned constructs in said support surface; and
- (c) positioning said rest member on a stand therefor to permit the adjustment in height of said rest member with respect to said constructs
- (d) further including the step of providing said rest member with a plurality of elongated apertures of different lengths into with said stand is inserted into two of said apertures and inhibited from separation therefrom by inhibiting means